GUIDE TO THRIVE

A guide to implementing the Sustainable Development Goals and Social Determinants of Health in Central Florida

OCTOBER 2022
THRIVE CENTRAL FLORIDA

An integrated approach to utilizing the Sustainable Development Goals and the Social Determinants of Health to create a more cohesive way to solve complex social issues in Central Florida.
MEET OUR TEAM

MARK BREWER
CHIEF EXECUTIVE OFFICER

Mark Brewer joined Central Florida Foundation in 2000 and has earned respect for his ability to build community partnerships that meet issues head-on and produce measurable results. He has worked with hundreds of individuals, families, and corporations to establish philanthropy plans, endowments, funding strategies, and planned gifts. He is a well-known speaker and thought leader on philanthropy’s role in America, venture philanthropy strategies, and the role of the independent sector in public policy. In his leadership role at CFF, Mark advises private and corporate foundation grant makers across the region and plays a public policy advisory role on strategy and advisory boards around the state of Florida.

SANDI VIDAL
VICE PRESIDENT OF COMMUNITY STRATEGIES & INITIATIVES

Sandi Vidal is just a girl trying to change the world one day at a time. She serves as the Vice President of Community Strategies and Initiatives for the Central Florida Foundation. Within her role at the Foundation, Sandi works on a variety of initiatives including Sustainable Development Goals (Thrive), Homelessness, Disaster Response, Social Justice, and is the Staff Liaison for the 100 Women Strong Giving Circle. Sandi is the nominating chair of the League of Women Voters of Orange County. She has volunteered since she was 16 starting at the VA Hospital in Miami in her father’s clinic helping to record information for research trials and has served on several boards. Sandi currently serves on Mayor Dyer’s Multicultural Advisory Board and is a Fellow for GECO at the University of Central Florida focused on sustainability.

ALLIE MOISE
FORMER COMMUNITY INVESTMENT MANAGER

Special thanks to Allie for her contributions to Thrive over the past couple of years.
CONTENTS

05 WHAT IS THRIVE?
07 THEORY OF CHANGE
08 HOW WAS THRIVE BUILT?
09 IMPACT AREAS
14 EXPANDING OUR TABLE
16 GOALS OF THRIVE
20 STEPS TO CREATING A THRIVING COMMUNITY
22 CURRENT CHALLENGES WE FACE
23 STREAMLINING OUR PROCESS
29 OUTCOMES OF STREAMLINING OUR PROCESS
30 EVALUATING OUR PROGRESS
31 LESSONS LEARNED
32 GLOSSARY
34 APPENDIX
37 RESOURCES
51 ACKNOWLEDGEMENTS
What is Thrive?

Thrive Central Florida at Central Florida Foundation is a framework to localize and implement the Sustainable Development Goals (SDGs) through five impact funds. These focused funds use a 3D approach — data, dialogue & decisions — to fuel concrete action and drive measurable impact across each of the five areas: Education, Healthcare, Livability, Economic Stability and Community & Social Connection.

Thrive condenses the 17 SDGs into these areas of impact. The initiative catalogs data addressing key metrics for community well-being and convenes local residents and leaders for their input in developing shared goals. The impact funds will provide grants to programs that accelerate, scale, pilot, or fill gaps to meet the identified community goals. At its core, Thrive is about discovery and curiosity, breaking down silos, practical solutions, and accountability.

Thrive allows the Foundation to measure and apply the Sustainable Development Goals in easy-to-understand ways. It is primarily a structure for grantmaking, but in some ways Thrive acts as a strategic map for the greater Orlando community.

WE START BY ANSWERING SOME TOUGH QUESTIONS

1 WHAT DOES THE DATA TELL US?  
2 IS THE COMMUNITY MOVING IN THE RIGHT DIRECTION?  
3 AND WHO IS ACCOUNTABLE FOR THE RESULTS?

These questions were developed by looking at the existing data in our community and seeing how many gaps there are, and how many reports are published without follow through.
OUR PROCESS IN ACTION

Every 3 years, local healthcare providers must complete a community health needs assessment. In 2016, diabetes was ranked as one of the top 3 issues. In 2019, diabetes was still ranked as a top 3 issue, and had actually gotten worse in those 3 years.

IN THIS SITUATION, THRIVE ASKS QUESTIONS LIKE...

Why? If this is a priority, why did it get worse?

Who is responsible for implementing these priorities?

How can we hold them accountable and help them to reach their goals?

Are we setting the right goals as a community?

When we start by asking ourselves these pressing questions, we can get to the root of the issue and figure out the most efficient way to help our community.
The Theory of Change

WE USE THE THEORY OF CHANGE AS OUR GUIDE.

Theory of Change is a framework describing the steps of the statement, “if we do this, this will happen.” By starting with the desired outcomes, a map is formed to look at the current situation and determine how, or if, the end goals are possible.

Starting with the end in mind, we’ve used the Theory of Change process from the very beginning to map Thrive’s goals.

1. The end goals are actually the starting point. What are you trying to accomplish? List these goals/outcomes.

2. Evaluate your current state. What is the situation as it stands today?

3. Are there barriers that could get in the way of reaching the desired outcomes? If so, there must be a way to go around or through them. Do we have qualifications that make us unique in reaching the outcomes?

4. Nail down your process. Here is where it gets more tactical. What are the tasks/steps that need to happen to reach the desired outcomes?

5. If the outcomes are achieved, what does the future look like? What is the horizon goal?
How was Thrive built?

THRIVE WAS DEVELOPED BY WORKING BACKWARDS.

Rather than trying to match our work to the SDGs, we followed the steps in the Theory of Change, looking at the SDG indicators and identifying those that we have the power to impact. With indicators and targets identified across all 17 SDGs, we realized that 17 issues is still a lot. It’s a lot to explain and can become overwhelming when you consider it from a problem-solving approach.

So we looked for a model that would help us to simplify the 17 goals, without sacrificing the intent of the goals. We landed on the Social Determinants of Health (SDoH). It’s important to note that health does not only mean healthcare; it means the overall health of the individuals, organizations, and systems within the community.
Here’s a visual on our top-down approach to narrowing our goals.

- 247 Indicators
- 169 Targets
- 17 Sustainable Development Goals
- 6 Social Determinants of Health
- 5 Thrive Impact Areas
THRIVE’S FIVE CRITICAL IMPACT AREAS

We mapped each of the 17 SDGs into the six SDoH pillars, then consolidated them further to create the five Thrive Impact Areas.

1. Economic Stability
2. Healthcare
3. Livability
4. Education
5. Community & Social Connection
PUTTING A MICROSCOPE TO OUR IMPACT AREAS

After condensing our Impact Areas, we mapped out sub-areas of interest within each of them and figured out how Thrive intersects with existing community pillars. This gives a more concrete way to identify stakeholders and to communicate how their priorities align and fit into Thrive. For example, chambers of commerce may align with employment and innovation (Economic Sustainability), and government sustainability departments may align with green spaces and renewable energy (Livability).

<table>
<thead>
<tr>
<th>ECONOMIC STABILITY</th>
<th>HEALTHCARE</th>
<th>LIVABILITY</th>
<th>EDUCATION</th>
<th>COMMUNITY &amp; SOCIAL CONNECTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employment</td>
<td>Coverage</td>
<td>Safety</td>
<td>Literacy</td>
<td>Social Integration</td>
</tr>
<tr>
<td>Income/Wages</td>
<td>Provider Availability</td>
<td>Green Spaces</td>
<td>Language</td>
<td>Support System</td>
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<tr>
<td>Expenses</td>
<td>Provider Linguistic &amp; Cultural Competency</td>
<td>Infrastructure</td>
<td>Early Childhood Education</td>
<td>Community Engagement</td>
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<tr>
<td>Housing</td>
<td>Quality of Care</td>
<td>Playgrounds</td>
<td>Vocational Training</td>
<td>Discrimination</td>
</tr>
<tr>
<td>Transportation</td>
<td>Preventable Deaths</td>
<td>Walkability</td>
<td>Training</td>
<td>Voting</td>
</tr>
<tr>
<td>Hunger</td>
<td>Access to Food</td>
<td>Arts &amp; Culture</td>
<td>Higher Education</td>
<td>Volunteerism</td>
</tr>
<tr>
<td>Innovation</td>
<td>Clean Air</td>
<td></td>
<td></td>
<td>Philanthropy</td>
</tr>
<tr>
<td></td>
<td>Renewable Energy</td>
<td></td>
<td></td>
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</tbody>
</table>
Identifying the Deeper Issues
Issues have been evaluated as the data walks and dialogues are completed; this is not a comprehensive list. Special attention will be paid to high-need focus areas.

**Issues within each of our impact areas look something like this...**
ECONOMIC STABILITY

Stable and high wage jobs
Housing availability and affordability
Job paths and readiness  
*Crosses into education*
Financial & health risks for families  
*Crosses into healthcare*
Financial literacy

Alternatives to non-bank credit
Access to and understanding of available public services
Transportation options
Access to nutritious food  
*Crosses into healthcare*

HEALTHCARE

Improve healthy food access
Reduce food insecurity
Reliance on fast food = poor eating habits
Can’t pay deductibles = missed appointments & unfilled prescriptions

Lower tobacco use (15%) and vaping
Alcohol and Opioid use reduction
Access to health care
Preventable Deaths
Mental Health

LIVABILITY

Quality of life
Walkability and pedestrian safety
Parks and green spaces
Community gardens/urban farms  
*Crosses into healthcare*
Carbon footprint

Public safety  
*Citizen/police relationships*
*Crosses into community*
Strong neighborhoods
Environment/Climate
Place making
Arts and culture
EDUCATION
Cradle-to-career education
Social-emotional learning
Adverse childhood experiences (ACES)
  Crosses into healthcare
Kindergarten readiness
High school graduation rates
Higher education
Career readiness
  Crosses into economic stability
Digital Divide
  (Broadband/Equipment)

COMMUNITY & SOCIAL CONNECTION
Gender equity
Racism & racial equity
Diversity and inclusion
LGBTQ+
Seniors
Civic Engagement
Volunteerism
Charitable giving & philanthropy
Wage gaps
  Crosses into economic stability
EVERY COMMUNITY GROUP HAS UNIQUE TALENTS

This is an example of how some of the major players in our community’s welfare can use their strengths to make changes with the Thrive Impact Areas.

<table>
<thead>
<tr>
<th>Economic Stability</th>
<th>Healthcare</th>
<th>Livability</th>
<th>Education</th>
<th>Community &amp; Social Connection</th>
</tr>
</thead>
</table>
| CITY OF ORLANDO FUTURE READY MASTER PLAN | · Mobility Connectivity  
· Energy  
· Water | · Health & Safety | · Health & Safety  
· Placemaking Materials  
· Water | · Connectivity |
| CITY OF ORLANDO | · Housing Transportation  
· Economic Growth  
· Ending Homelessness | | · Public Safety Sustainability | · Multicultural Inclusion & Diversity |
| ORANGE COUNTY | · Mobility | · Built Environment  
· Natural Resources  
· Arts & Culture | · Education | · Community Civic Engagement |
| ORLANDO ECONOMIC PARTNERSHIP | · Housing  
· Transportation | · Healthcare | · Infrastructure  
· Quality of Life | · Prosperity |
| FLORIDA CHAMBER | · Diversifying Economy | | · Talent Pipeline | · Effective Government |
| CFCC/ENTERPRISING BLACK ORLANDO | · Workforce Development  
· Financial Literacy | | · Education | · Advocacy |
| AARP | · Housing  
· Employment  
· Transportation | · Community Support & Health Systems | · Outdoor Space & Buildings | · Communication & Information  
· Civic & School Participation |
Expanding Our Table

We’re always looking for more partners to help make our mission possible. These are a few potential groups and partners we’re looking to connect with in the future.

AREAS TO FURTHER EXPLORE

Grassroots nonprofits/organizations
Current health programs through AdventHealth and Orlando Health
Diversity focused initiatives [Stono Institute, CFCC]
Orange County Citizens’ Commission and Orange County Citizens’ Commission for Children grant recipients
Orlando Economic Partnership BRACE and UPSKILL
Programmatic gaps and needs within the service area: programs and services for seniors, programs and services for teen and single mothers

ADDITIONAL SUGGESTED TEAM MEMBERS

Neighborhood leaders
Advocates/grassroots organizers
City and County staff members
One elected official appointed by the Mayor of Orlando
Long Term Goals of Thrive

The best outcome we could have is a community-wide integration to solve complex social issues. This may sound like nirvana, but the goal is to have everyone at least rowing in the same direction. Change is scary, but the results can be life changing.

“START WITH THE END IN MIND.”
- STEVEN COVEY
KEEPING THE “END IN MIND,”
HERE’S A BREAKDOWN OF
OUR DESIRED OUTCOMES:

1. A move from individual and siloed approaches to more integration and cross-pollination when working on communitywide issues.

2. Mainstreaming the SDGs as the goals to strive for and report on in a universal report/dashboard.

3. Improvement in trends across a variety of indicators for all five Thrive Impact Areas.

4. Involvement at all levels from leadership to grassroots where the outcomes do not change when community leadership does.
REAL CHANGE BEGINS WITH A CLEAR PROCESS.

Accomplishing our overarching goals starts with detailed planning. This is an example of how we plan to achieve our goal of mainstreaming the SDGs.

**HORIZON GOAL:** Achieve the 2030 SDG goals within our community

HOW WE’LL MAKE IT HAPPEN:

- **Introduce and mainstream Sustainable Development Goals**
  - Blogs
  - Social Media
  - Webinars

- **Literature review/Pillars crosswalk**
  - Assigned to Fellows for each area
  - Convenings and information presented around data and findings

- **Form local goals using Thrive**
  - What goals exist?
  - What goals align?
  - Where do we need to set goals?

- **Implementation plans by sector**
  - Completed by the people working on the goals
  - Where do grants/funding come into play?

- **Measure trends and milestones**
OUR GAME PLAN FOR A THRIVING COMMUNITY

From getting everyone on board to making change happen, this is our 10-step system for creating a stronger Central Florida.

1. Set the stage – get everyone in the sandbox
2. Educate stakeholders
3. Inventory Assets – dollars and social capital
4. Understand the data
5. Create a common repository for data sharing
6. Agree on best practices
7. Create or eliminate policies
8. Agree upon milestones and goals
9. Report on outcomes through a shared dashboard
10. Evaluate outcomes and recalibrate as necessary
A CLOSER LOOK AT OUR GAME PLAN

1 Setting the Stage
First, determine who the players are.
We have identified the players to be:
- Top-level leaders
- Community Influencers, government staff, nonprofit and business leaders, funders
- The people doing the work
- People receiving services

Next, conduct a survey to identify where people are plugged in and involved in the community.
- Community leadership
- Boards
- Advisory boards
- Volunteering
- Task forces

2 Educating Shareholders
Once the stage is set, briefings are rolled out for all stakeholders; a briefing needs to be scheduled to bring the stakeholders up to date on the initiative and gain early adopters and buy-in. For the SDGs, people involved in sustainability are good targets for early adoption.
- Bring like groups together
- Agree on goals
- Insure vulnerable populations are included and their voices are heard
- Look at solutions through an equity/justice lens

3 Inventory Assets
Who is doing the work?
- Are groups aware of each other and sharing information?
What data sources and data exist?
- What are the current partnerships?
Where are the current dashboards/scorecards? Who is monitoring them?
What plans and strategies currently exist?
- Do they align?
What funding is in place?
- What funding might be available?
4 Understand the Data

Where are the sources?
What methodology is used?
Is it reliable?
What story does it tell us?

Where do gaps exist?
Are there populations that are more affected than others?

5 Create a Common Repository for Data Sharing

Is this a public source?
Who pays for it?
Who maintains it?

6 Agree on Best Practices

What are other communities doing better?
Are the practices transferable?
Read and understand reports from other communities
Speak to leaders to determine what lessons they have learned
Do we need to create our own version/model? How do we test it?
OVERCOMING OBSTACLES IS PART OF THE PROCESS.
CURRENT CHALLENGES WE FACE

We have good people. We just need to be more organized. Interconnectivity, integration, and implementation coupled with strategy and shared goals is the beginning of the solution to overcoming big obstacles and accomplishing our goals.

Community acceptance of plans and goals

Digital divide

Healthcare — access and insurance

Mental healthcare — stigma and access

Accessibility to transportation

Location of affordable housing vs. work/jobs

Information pipeline to residents [street level]

Safety and crime

Equity focus

Neighborhood independence and history
OVERCOMING CHALLENGES BY OUR STREAMLINING PROCESS

The 3D Approach — Data, Dialogue and Decisions

Keeping our desired outcomes in mind (pg. 19), we aim to overcome the challenges we face by streamlining our processes in three different areas.

USING DATA

Collect and analyze data in each of the five areas to prioritize projects where we can either pilot, scale, accelerate, or fill gaps.

- Do a data walk with community stakeholders
- Identify gaps where data doesn’t exist or is incompatible
- Create new data sets where applicable

CREATING DIALOGUE

Convene groups of leaders, influencers, people working in the field, and recipients of services.

- Discuss current methods, best practices, and integration of the work
- Crossover groups including several disciplines
- Identify areas to work on together, catalog current work
- Expand TableTalk conversations to include the issues we are trying to solve

MAKING DECISIONS

Agree upon the goals, measurements, and accountability.

- Design dashboard for overall goals
- Have reporting structure across the community
- Work with governments and media partners for ongoing accountability
LET’S DIG DEEPER INTO...
USING DATA

DATA GATHERING
Data is gathered from a variety of sources including reports, academic papers, and data resources such as the Bureau of Labor Statistics and Census Bureau. The reports and articles are cataloged into a Community Library which is accessible to the community at large upon request.

DATA WALK/TOWN HALL
A data walk was held with community leaders and influencers. This acted as a way to gather qualitative data from people who are exposed to or are working on issues in the community. A step down into focus groups will follow this activity to hear from the voices most affected by the issues discussed. See the appendix for a complete description and details of the data walk.

DATA SHARING
Data is currently sourced differently by different entities. One of the goals of Thrive is to create a shared dashboard and data repository. UCF has agreed to host this in their Global Economics and Environmental Opportunities (GEEO) department.

DATA APPLICATION
Once the data is analyzed and prioritized, community goals will be formed with an attached action plan and ownership by groups or entities. Monitoring will be done by the Thrive Advisory.
LET’S DIG DEEPER INTO...
CREATING DIALOGUE

Leader Briefings
At selected intervals, briefings will be held with stakeholders and interested parties including top community leadership. At this time, an overall progress update is given, along with next steps, and feedback is encouraged.

Work Groups
The first step to a successful work group is to identify leaders who are subject-matter experts across the continuum of the topic area. For example, the healthcare work group includes leaders from area Federally Qualified Health Care Centers (FHQ), medical homes, county clinics, and hospitals. Additionally, nonprofits intersecting with health, including food banks, are invited to attend. The work group agrees to meet for at least 1 year.

Prior to the work group sessions, a packet is sent with the following:

- Thrive whitepaper
- Issues and opportunities derived from the literature review and community activities

For the first work group session:

- Data is presented to the group and then breakout groups are formed to prioritize the issues
- Groups discuss:
  - What are the top issues?  What are you working on?
  - What is feasible?  What’s not getting enough attention?
- Using a mural or jamboard, groups share ideas for further exploration and discussion
- Notes from the breakout session and idea board are put together by themes
- All information and the recording of the session are put in a folder to keep everyone up to date. It may make sense not to record sessions in order to allow for more transparent and honest conversation. In that case, a good note taker is essential.
Crosswalk Community Goals

As Thrive was being put together, the goals of the Mayors of the City of Orlando and Orange County were considered, as well as larger institutions such as the Florida Chamber, The Orlando Economic Partnership, and the AARP healthy community goals. These goals were crosswalked with each other and the Thrive pillars. Throughout the process of working on the framework, we have found it important to align with existing goals and priorities such as the Community Health Needs Assessment [CHNA], GreenWorks, Future Ready City, and the Vision2050. For each of the work groups, larger community efforts and goals are used as a guide.

Community Conversations

Starting in 2019, Central Florida Foundation has held an annual event called TableTalk modeled after On the Table from the Chicago Trust. Designed as a community-wide conversation, it provides an opportunity for people to gather around the table to discuss 3 main questions: What do you like about your community? What would you change about your community? How will you be involved in that change? After the conversation, a survey is completed with the results compiled into a report and a sortable tableau chart. The results of the conversations and surveys are then compared with the information previously gathered from data and reports.
LET’S DIG DEEPER INTO...
MAKING DECISIONS

Data Gathering
Collective Leadership is important to have common goals and shared outcomes. In order to move the needle forward for the SDG indicators, Thrive has leveraged different levels of leaders from top-level leaders, to grassroots organizers for both a top-down and bottom-up approach. In his book “The Flat Org Chart,” Dan Palotta outlines the importance of a more community-centric leadership approach. The intent here is to involve people at all levels, but also to continue the work when leaders change by building a deep and wide bench.

Shared Goals and Priorities
As we put together the workgroups, we asked the participants to commit to a year with us to do 3 things: prioritize the issues within their Thrive area, create common goals, and help us to identify where our financial investments should be leveraged and made. By involving community leaders and subject-matter experts in the Process, we create buy-in from the beginning. The goals will be tracked through a community strategy map and shared dashboards with UCF and the East Regional Planning Council.

Community Strategy Map
Once priorities and goals are established, the plan is to create a community strategy map with the goals, who is working on them [accountable parties], the strategies to be used to reach the goals, Capabilities of reaching the goals including any gaps, and then milestones and progress will be tracked. Some of the groups will hold their own version of the map. Currently, several organizations have adopted this map or a similar strategy.

Financial Alignment
As goals are established and agreed upon, it will provide a structure to align financial investment from all 3 sectors: business, government, and independent. This will better structure the community to work towards the targets and indicators outlined in the SDGs.

Central Florida Blueprint
Using the Framework of Thrive, the SDGs and the Community Crosswalk, it will be time to create a community blueprint which can be used in decision making across the sectors to invest in solutions to our complex social issues and the systems they are associated with. This would be a joint effort across sectors.
OUTCOMES OF STREAMLINING OUR PROCESS

WHEN IT’S ALL SAID AND DONE, THESE ARE THE OUTCOMES WE’RE HOPING TO ACHIEVE:

1. A move from individual and siloed approaches to integration and cross-pollination when working on community-wide issues.
2. Agreed upon goals to strive for and report on in a universal report/dashboard.
3. Improvement in trends across a variety of indicators for all agreed-upon goals.
4. Involvement at all levels from leadership to grassroots, so the outcomes do not change when community leadership does.
5. Profit/Impact from investments

AND THIS IS HOW WE’LL MEASURE THEM:

6. Change in household income
7. Change in labor force participation and unemployment
8. % Health insurance coverage
9. ROI from charitable and business investments

Ideally, the outcomes align with the SDG targets with the SDG indicators showing if we are moving in the right direction.
CHANGE HAPPENS ONE STEP AT A TIME
EVALUATING OUR PROGRESS

Where We Are Now

CURRENT STATE
Silos
“Treading water”
No shared vision
Data Gaps
Little cross-pollinating
Well-meaning

BARRIERS/UNIQUE QUALIFICATIONS
Political will
Dollar allocations
Lack of communication
Complexity
Agendas
Lack of SDG knowledge
History of working together
Well networked
Relationships

PROCESS
Identify Issues
Understand who is doing what
Best practices
Grant work
Formulate goals
5 fellows
Dashboard[s]

Where We Want to Go

DESIRED OUTCOMES
Unified goals that can be measured, with accountability and the ability to solve them

FUTURE
Get as close as we can to the UN SDG goals by 2030
What We’ve Learned

Information needs to be partnered with immediate action steps

Survey organization/task force leaders vs. individual participants for social network survey

Used shared documents when possible, in place of surveys

Identify champions and cheerleaders early in the process

Use multi-pronged approaches to get various people and entities involved

Bring together like-minded people and solutions

Prepare to be challenged and really listen to concerns and ideas along the way

Interview lots of experts

Never stop learning
Sustainable Development Goals
In 2015, the Sustainable Development Goals (SDGs) were developed as part of the United Nations (UN) 2030 Agenda for Sustainable Development, providing a global framework with goals and targets for all countries to adopt in building toward sustainable economic development, social inclusion and environmental protection by 2030. Understanding a nation’s progress toward achieving these global goals depends on local engagement and commitment. The 17 SDGs are made up of 169 targets and 236 indicators that are broader in scope and go further than the Millennium Development Goals (MDGs) by addressing the root causes of poverty and the universal need for improvement that works for everyone.

Social Determinants of Health
The Social Determinants of Health (SDoH) are the conditions in which people are born, grow, live, work and age. These circumstances are shaped by the distribution of money, power, and resources at global, national, and local levels. The social determinants of health are mostly responsible for health inequities — the unfair and avoidable differences in health status.

Central Florida Foundation
Central Florida Foundation (CFF) stewards philanthropic dollars on behalf of individuals, families and nonprofits. CFF partners with people who are determined to make a difference in their community. Knowing that true change demands more than dollars and cents, CFF fosters collaboration, fuels ideas, and spearheads the innovation that will transform the region for good. Learn more at www.cffound.org.

Donor-Advised Funds
A donor-advised fund, or DAF, is a giving vehicle established at a public charity. It allows donors to make a charitable contribution, receive an immediate tax deduction, and then recommend grants from the fund over time. CFF offers a Signature Fund that includes all of the benefits of a DAF along with highly personalized service and connection to the community.

Giving Circle
Collective giving circles are an opportunity for people to join together to pool their financial resources collectively and decide how to distribute them in the form of grants to nonprofit organizations with the goal of strengthening their communities.

TableTalk
TableTalk is a community-wide conversation where for one day, residents of Central Florida gather to discuss the things that matter most to them. Our favorite things. Our issues and opportunities. Our boldest ambitions and our biggest challenges to making our community better and more dynamic. Table Talk provides a way for all of us to be more civically engaged and committed to the community.
APPENDIX
In 2015, all United Nations Member States adopted a new blueprint that would work to help our planet — it’s called the 2030 Agenda for Sustainable Development. Calling for an end to poverty, a push to stop climate change, action to preserve our natural resources and more, the Agenda breaks leading world issues down into 17 Sustainable Development Goals (SDGs). These goals help keep the path to a better future clear and work as a roadmap for all countries in building a better tomorrow.

These goals are built from years of research by the UN, the United Nations Department of Economic and Social affairs and other countries.
DATA WALK/TOWN HALL

During our Data Walk, we went over key statistics that affect Thrive’s five focus areas. Reviewing important data points surrounding public health, transportation, housing and more, helped us identify and categorize the most pressing issues in our community.

Our agenda for the day looked like this:

<table>
<thead>
<tr>
<th>TIME</th>
<th>WHERE</th>
<th>ITEM</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 a.m.</td>
<td>Main Room</td>
<td>Welcome and intro (set expectations)</td>
</tr>
<tr>
<td>9:10 a.m.</td>
<td>Breakout</td>
<td>Room introductions</td>
</tr>
<tr>
<td>9:15 a.m.</td>
<td>Main room</td>
<td>Economic Stability data point</td>
</tr>
<tr>
<td>9:20 a.m.</td>
<td>Breakout</td>
<td>Breakout room — Economic Stability</td>
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<tr>
<td>9:30 a.m.</td>
<td>Main room</td>
<td>Education data point</td>
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<tr>
<td>9:35 a.m.</td>
<td>Breakout</td>
<td>Breakout room — Education</td>
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<tr>
<td>9:45 a.m.</td>
<td>Main room</td>
<td>Livability data point</td>
</tr>
<tr>
<td>9:50 a.m.</td>
<td>Breakout</td>
<td>Breakout room — Livability</td>
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<tr>
<td>10:00 a.m.</td>
<td>Main room</td>
<td>Healthcare data point</td>
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<tr>
<td>10:05 a.m.</td>
<td>Breakout</td>
<td>Breakout room — Healthcare</td>
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<tr>
<td>10:15 a.m.</td>
<td>Main room</td>
<td>Community data point</td>
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| 10:20 a.m.| Breakout | Breakout room — Community  
*Watch out for reminder in the chat at 10:30 to switch conversation to general recap|
| 10:05 a.m.| Breakout | Breakout room — overall recap/discussion                  |
| 10:15 a.m.| Main room | Reconvene, big group takeaways                             |
| 10:55 a.m.| Main room | Thank you, goodbye                                         |
WORKGROUPS

After reviewing the data surrounding each of Thrive’s five critical focus areas, we broke out into smaller workgroups. During these breakout sessions, participants discussed short and long-term goals surrounding each focus area and policy changes needed in order to reach our goal.

Here are some examples of the community-changing ideas our participants pitched and the grant candidates they wanted to see lifted up by Thrive.

Napkin Pitch

- Warm handoff and navigation — let’s look at a problem and bring everyone together. Full synopsis of each agency. Distribute information, build bridges.
- We understand the needs and need to focus on the CHIP.
- One-day symposium like a start-up weekend and work on issues together to work towards the solutions.

- Osceola ACCESS meetings are already looking at this.
- Pick a single issue and work on it together. Build on success.
- 70% of patients in Osceola at the clinics are presenting as pre-diabetic. Work with FQHCs. Bring in primary practices.

- Look for best practices.
- Do it across the counties.
- Mayor was at risk of diabetes in the Oklahoma area — did a deal with Taco Bell.
- Diabetes is a good place to start because it touches so many service providers.

Potential Grants for 2021-22

- Grant to Health Council of East CFL to organize symposium
- Expand UCF culinary medicine model to other healthcare providers
- Can we add an NP/PA to programs that go into communities in need? Like Hebnri mobile farmers market
- Can we add sex ed or birth control to drug intervention/treatment programs? Drug use is the #1 reason women don’t seek prenatal care.

- Universal screening, SDOH coalitions/task forces. Who is doing universal screenings, what does that look like? Needs assessment of some sort that we can see what is happening.
- Complete patient care and records
- Expand UCF culinary medicine model to other healthcare providers
- Think Equity

Comprehensive referral and navigation system. Aunt Bertha/211 — realtime navigators. How can they work better together?
## Economic Stability

### Resources

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<td>Looks at which neighborhoods in America offer children the best chance to rise out of poverty</td>
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Links below accurate as of October 2022
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# RESOURCES

## Health and Wellbeing

### KEY:
- **Data**
- **Resources**
- **Tools**
- **Dashboard**
- **Documentary**
- **Podcast**

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# RESOURCES

## Health and Wellbeing, continued

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## RESOURCES

### Livability

**KEY:**
- Data
- Resources
- Tools
- Dashboard
- Documentary
- Podcast

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<td>blog-google.cdn.ampproject.org/c/s/blog.google/products/earth/empowering-cities-with-data-for-climate-action/amp</td>
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## Education

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# RESOURCES
Community and Social Connection

**KEY:** 📊 Data  🎨 Resources  🎨 Tools  🎨 Dashboard  🎨 Documentary  🎧 Podcast

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ATTRIBUTIONS

Information for the Thrive framework was derived from research and reading a variety of reports, discussions with national and international organizations, and the gathering of data.

Listed here is a sampling of the reports used:

- Community Crosswalk- Thrive White Paper [June 2020]. Central Florida Foundation. [Click here to view.]
- Community Health Needs Assessment [CHNA] (2019), Florida Department of Health. [Click here to view.]
- Mayor’s Key Priorities (2022) [Click here to View.]

A more complete list can be found in our Community Library [Click here to view.]

ACKNOWLEDGEMENTS

Central Florida Foundation would like to thank and recognize these partners for their contributions of time, resources, investments, knowledge, and expertise to Thrive:

City of Orlando — Office of Sustainability
Collaboratory
C.S. Mott Foundation
East Central Florida Regional Planning Council
Livewell San Diego
LA County Health Department
Orange County Government — Office of Sustainability
Orlando Economic Partnership

Thrive Fund Donors
Tony Pipa, Brookings Institute
Polis Institute
University of Central Florida — GEEO and Nonprofit and Public Administration
Valencia Peace and Justice Institute
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