



Start the conversation

Spark the change.

A Guide for Table Talk Hosts



TableTalk

THURSDAY
OCT 14
2021

We do it every day.

We speak.

We listen.

We learn.

We grow.

Every day, ordinary people change our community for the better with a kind word, a helping hand or a simple gesture that makes life easier for someone else. Just imagine what we could do if we bring all our good intentions together, think up new ways to help the community, and receive the right support to get our ideas off the ground.

That's what Table Talk is all about.

As a Table Talk Host, you help make it all happen.



HOW TO HOST A TABLE TALK

Anyone who lives in Central Florida can host a Table Talk. Here's how.

1. Invite up to 10 people to join a conversation on Thursday, October 14, 2021.

Tell your neighbors, friends and colleagues to join you at the table. Invite your mom, your coworker, your veterinarian, or a complete stranger — it's up to you. Anyone you know who cares about the community.

2. Choose a location.

Table Talk can happen anywhere. In person or virtually. At a park. In your living room or your conference room. At your favorite restaurant. At church. Online. You name it. If there's space for your group to gather and discuss, then there's room for Table Talk.

Have your guests register (or do it for them) at cfound.org/tabletalk.

3. Guide the conversation.

The goal of Table Talk is to get the ideas flowing about all the different ways—big and small—each one of us can make Central Florida a better place. Spark the conversation with three important questions.

- **What do you like best about your community?**
- **What could change for the better? Think of one big change and one small change.**
- **How could you personally contribute to that change?**

TIP: Place the questions in the center of the table where all guests can see them. That way, they'll be able to refer back to them during the discussion and get their gears turning about all the topics.

4. Share your ideas with Central Florida Foundation.

After the conversation:

- **Have your participants complete the survey at bit.ly/TTSurvey2021**
- **Apply for a microgrant if the conversation sparked a great idea**

We will review the ideas and select some to support with microgrants. Since 2019, Table Talk participants have started podcasts, launched cooking classes demonstrating healthy meals on a budget, created support services for trauma survivors, provided supplies for pop-up concerts and more. Your group's idea could be next!

5. Share photos, videos and stories using the hashtag #CFFTableTalk on Facebook, Twitter, and Instagram.



Scan here for
Table Talk survey

Do

- Encourage everyone to participate
- Draw on your own experiences
- Keep an open mind

Don't

- Micromanage the conversation
- Be judgmental or dismissive of anybody's comments or ideas
- Promote arguments or unproductive debate

When you host a Table Talk conversation, you get the ball rolling for real people to create real change. Anyone and everyone in our community can come together to brainstorm for the better. And then, take action that results in change, big and small.

By registering as a host, host agrees to accept and assume full responsibility and liability for any injury, theft, or loss to host or host's property, guests, agents and/or employees at any time and from any cause while at the event location, or in transit to or from said event. Host registrant agrees to release Central Florida Foundation and/or any of its agents and/or employees from any and all liability for any injury, theft or loss, and agrees to provide and pay for host's own insurance. Central Florida Foundation encourages all participants to come together safely. If you choose to meet in person, we urge you to follow current local and CDC guidelines. Central Florida Foundation cannot guarantee that participants who choose to gather will not become infected with COVID-19.

**CENTRAL FLORIDA
FOUNDATION**

Florida Blue 


Advent Health

 **THINK**
INTEGRATED


WUCF

Walt Disney World® Resorts AARP®

cffound.org/tabletalk